

**Title of the study:** Testing the app-based Global Adolescent and Child Physical Activity Questionnaire

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**What is a research study?**

A research study is a way to find out new information about something. Children do not need to be in a research study if they don't want to.

**Why are you being asked to be part of this research study?**

You are being asked to take part in this research study because we are trying to learn more about children's physical activity. We are asking you to be in the study because you can help us determine if our new physical activity questionnaire is accurate. About 8000 children will be in this study across 16 countries.

**If you join the study what will happen to you?**

You will be in the study for 9 days.

- We will ask you to complete our questionnaire twice. This should take you about 10-15 minutes each time.
- We will also ask your parent to complete the questionnaire twice.
- We will ask you to wear an activity monitor on a belt around your waist for 9 days. It is important to wear this belt at all times throughout the day and night. You should only take it off for activities like bathing and swimming.

**Will any part of the study hurt?**

No part of the study should hurt.

**Will the study help you?**

You may not benefit from being in this study.

**Will the study help others?**

This study will help us to measure physical activity in children and youth around the world.

**What do you get for being in the study?**

We will offer you a \$10 SportChek gift card for your participation. It will be sent to your parent by email. However, we will provide a donation to your school.



**Do you have to be in the study?**

You do not have to be in the study. It's up to you. No one will be upset if you don't want to do this study. If you join the study, you can change your mind and stop being part of it at any time. All you have to do is tell us. It's okay, the researchers and your parents won't be upset.

**Do your parents know about this study?**

This study was explained to your parents and they said that we could ask you if you want to be in it. You can talk this over with them before you decide.

**Who will see the information collected about you?**

The information collected about you during this study will be kept safely locked up. Nobody will know it except the people doing the research. The study information about you will not be given to your parents or teachers. The researchers will not tell your friends or anyone else.

**What if you have any questions?**

You can ask any questions that you may have about the study. If you have a question later that you didn't think of now, you can call or have your parents call Mahdi at 825-883-6214.

**Other information about the study.**

- If you decide to be in the study, please write your name below.
- You will be given a copy of this paper to keep.

☐ Yes, I will be in this research study.

☐ No, I don't want to do this.

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|--------------|-----------|------|
| Child's name | Signature | Date |
|--------------|-----------|------|

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| Person obtaining Assent | Signature | Date |
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